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Dear Reader,

Welcome to the RASMORAD P&P project's newsletter. We will provide you with a monthly issue on project's activities and reports. Please, feel free to disseminate contents, to share them with national and international stakeholders and to trigger benchmarking to underpin national policies on the topic.

THE BUCHAREST WORKSHOP ON EXIT STRATEGIES and DERAD

held in December 2017, was particularly successful because of its rich contents and high standard contributions on the subjects of **theory**, **methodology** and **scientific approach**, that should ground good practices and policies.

For this reason, we devote a second Newsletter to this event, in order to spend some more words on contributions and experiences, described during the Workshop, which seemed especially interesting and original.

Nonetheless, a report of all the speeches and presentations in the two Bucharest days can be found in the website www.rasmorad.org ("Events").



Picture: Massimo De Guidi

Forthcoming events:

Workshop

RISK ASSESSMENT

SOFIA

17th-19th January, 2018

... focus on ...

EXIT onlus (Italy): DERAD Experience

An individual process in a social context

EXIT is an Italian member of RAN, the *Radicalisation Awareness Network* inside the European Commission, that Ms. Cecilia Malmstrom promoted after the Utoya massacre.

On behalf of Exit, Dr. **Cristina Caparesi** described a de-rad methodology, founded on an individual approach and program. This imply a wide range of interventions, and – firstly – the capacity to establish a therapeutic relationship between the subject and a “mentor”. This is called a “socratic” approach, because it is founded on discussion, expression and arising of moral dilemmas as to religious or ideological reasons that led to violent behaviors.

Psychological and social support is needed to manage the emerging of rage, frustration, or other negative sentiments that may happen during this process of self-discovery. Support to the family is also provided, in order to help re-establishment of a correct and helpful relational context, together with the proposal of religious/ideological counseling, in order to recover a pluralistic vision of the world.

This complex approach needs the involvement of a multi-disciplinary, specialized staff. Caparesi underlines that, in EXIT experience, participation in the staff of “formers extremists”, persons who have already passed the process through disengagement until deradicalisation, may be very helpful.

We may define all this range of actions as a “**humanistic approach**”, because its focus is restoring personality through a process of growing reliance of the subject towards his mentor at first, and self-reliance in the end, towards the possibility of social interaction, management of conflict and frustration when needed, and - in a word – responsibility for himself and the other.